



Safeguarding



We would like to take this opportunity to remind parents and carers about some key issues and information regarding keeping safe both in and out of school. Please let us know if there are any issues you think we need to be aware of to support your child.

What do I do if I have a concern about a child ?

Contact one of the safeguarding team in school

Mrs Selway

Deputy Head and Designated Safeguarding lead

Mrs Ferris

Deputy Safeguarding Lead

Mrs Miller

SENCO

Students have been made aware of how they can raise a concern by speaking to a trusted member of staff

Where there are significant immediate concerns about the safety of a child, you should contact the police on 999

Dark Nights

As the nights draw in and children are travelling to and from school in the dark, please be aware of the importance of road safety. You can find some helpful advice [here](#)

Seasonal Fun

Mischief night, Halloween and Bonfire night are approaching. While we want everyone to enjoy these events and have fun we encourage our students to think of people who are vulnerable and may not look forward to these times due to loneliness or fear. Be a “Good Neighbour” and ensure any fun you have is not at the expense of anyone else’s safety and wellbeing.

[Firework safety](#) video

Vapes—Ongoing concerns

It is illegal to sell any vapes to under-18s and illegal for adults to buy them for under-18s

There are a significant number of unregulated vapes in circulation with potentially dangerous and illegal contents including Spice and THC.

Vapes are prohibited items in school. If found in they will be confiscated and a suspension issued.

More useful contacts

[NYSCP \(safeguardingchildren.co.uk\)](https://www.nyscp.org.uk)

[Parents and carers | CEOP Education \(thinkuknow.co.uk\)](https://www.thinkuknow.co.uk)

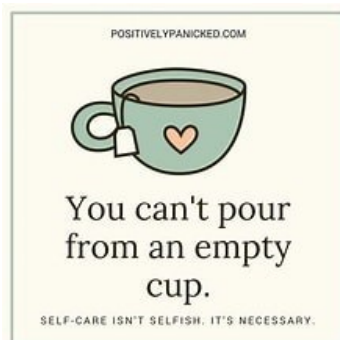
[NSPCC | The UK children's charity | NSPCC](https://www.nspcc.org.uk)



Wellbeing



We regularly provide opportunities and resources to support the wellbeing of our students at Holy Family. This includes: Wellbeing days, Personal Development programme, assemblies and our pastoral support team. A reminder to everyone to take time for your own wellbeing.



Wellbeing in Mind Team

We are very fortunate at Holy Family to work with this NHS service which supports young people in school. Representatives from the team will be present at most parents' evenings this year as well as an evening event for parents on 14th November time to be confirmed. Please say hello to them and ask any questions. You can read more about this service [here](#).

The team have suggested the following helpful links:

Wellbeing:

[Well-being resources | RISE | The Children's Society \(childrenssociety.org.uk\)](#)

[The Go-To - Emotional wellbeing and mental health \(thegoto.org.uk\)](#)

[Recovery College Online](#)

[YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](#)

Safeguarding:

[Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](#) (Suicide prevention)

[Childline | Childline](#)

[Alumina | Selfharm](#) (Self-harm)

